

HUMAN SEXUALITY

Religious Education & Family Life

GRADES 10/11/12

PARENT HANDBOOK



CALGARY CATHOLIC
SCHOOL DISTRICT

Senior High Human Sexuality Program Outcomes

Religious Studies 15

- God's love for us and His desire for relationship with us
- Our call to healthy, deeper relationships with self, others, God.
- The truths our bodies reveal about ourselves and our purpose
- Humans are created freely out of love, male and female
- Giving vs. using
- The difference between abstinence and chastity
- The value of chastity
- Love as the proper response towards others
- Abuse and power imbalances
- Warning signs
- Resources for developing healthier relationships
- God's desire to forgive, heal, and transform.
- The value of the Sacrament of Reconciliation in empowering us to be truly loving
- The resurrection of "the body" and the heavenly marriage
- Accepting the responsibilities of authentic love
- True freedom and self-control
- Desiring and choosing the good

Religious Studies 25/World Religions 30

- The difference between lust and love
- The gift of sexuality
- The nuptial meaning of the body
- Honoring the dignity of the body
- Issues of gender in today's society
- Destructive consequences of sexism
- A healthy understanding of gender
- The purpose of dating
- Levels of relationship
- Establishing standards and boundaries
- Respecting the opposite sex
- When to end a relationship

Religious Studies 35

- The body speaks a language
- The meaning of sexual intimacy
- Commitment and authenticity
- Sex that is self-seeking versus love that is self-giving
- The four parts of self-donating love
- The marriage commitment as free, total, faithful, and fruitful
- Church teaching regarding persons with same-sex attraction
- Integrating the TOB into life
- The body and sexuality as gift
- The TOB, service and evangelization

School Act Section 50.1(2)

Pursuant to section 50.1(2) of the School Act, you as a parent/guardian may request that your child be excluded from the above-identified instruction, without academic penalty, by having your child either:

- a) leave the classroom or place where the instruction is taking place or where the instructional material is being used for the duration of that part of the instruction; or
- b) Remain in the classroom or place where the instruction is taking place without taking part in the instruction or use of instructional material.

In order to exercise this option, you must sign and return the exemption form (Appendix A) to your child's teacher on or before the date of the instruction indicated on the letter sent to you by your child's teacher.

If this form is not returned before that date, your child will be included in the instruction. If you have any questions or concerns regarding this instruction, feel free to contact your child's teacher/principal. Thank you for your continued support.

Appendix A

Date

Dear Parents,

Your son/daughter is enrolled in Religious Studies 15. Alberta Education and the Calgary Catholic School District require that parents be informed that human sexuality instruction will occur as a unit of study in this course. In particular, we will be looking at the following topics:

- God's love for us and His desire for relationship with us
- Our call to healthy, deeper relationships with self, others, God.
- The truths our bodies reveal about ourselves and our purpose
- Humans are created freely out of love, male and female
- Giving vs. using
- The difference between abstinence and chastity
- The value of chastity
- Love as the proper response towards others
- Abuse and power imbalances
- Warning signs
- Resources for developing healthier relationships
- God's desire to forgive, heal, and transform.
- The value of the Sacrament of Reconciliation in empowering us to be truly loving
- The resurrection of "the body" and the heavenly marriage
- Accepting the responsibilities of authentic love
- True freedom and self-control
- Desiring and choosing the good

This instruction will occur _____ (dates of instruction).

Pursuant to section 50.1(2) of the *School Act*, you as a parent/guardian may request that your child be excluded from the above-identified instruction, without academic penalty, by having your child either:

(a) to leave the classroom or place where the instruction, course of study or educational program is taking place or the instructional materials are being used for the duration of the part of the instruction, course of study or educational program, or the use of the instructional materials, that includes the subject-matter referred to in subsection (1) (human sexuality)

(b) to remain in the classroom or place without taking part in the instruction, course of study or educational program or using the instructional materials.

In order to exercise this option, you must sign and return the attached exemption form to _____ (teacher's name) on or before the date of the instruction indicated above. If this form is not returned before that date, your child will be included in the instruction.

If you have any questions or concerns regarding this instruction, feel free to contact me. Thank you for your continued support.

Sincerely,

(Teacher signature)

Date

Dear Parents,

Your son/daughter is enrolled in Religious Studies 15 (online). Alberta Education and the Calgary Catholic School District requires that parents be informed that human sexuality instruction will occur as a unit of study in this course. In particular, we will be looking at the following topics:

- God's love for us and His desire for relationship with us
- Our call to healthy, deeper relationships with self, others, God.
- The truths our bodies reveal about ourselves and our purpose
- Humans are created freely out of love, male and female
- Giving vs. using
- The difference between abstinence and chastity
- The value of chastity
- Love as the proper response towards others
- Abuse and power imbalances
- Warning signs
- Resources for developing healthier relationships
- God's desire to forgive, heal, and transform.
- The value of the Sacrament of Reconciliation in empowering us to be truly loving
- The resurrection of "the body" and the heavenly marriage
- Accepting the responsibilities of authentic love
- True freedom and self-control
- Desiring and choosing the good

This instruction will occur as a part of the Human Sexuality component of your son/daughter's RS15 online course

Pursuant to section 50.1(2) of the Human Rights Act, you as a parent/guardian may request that your child be excluded from the above-identified instruction, without academic penalty. Alternate instruction, related to course objectives, would be provided.

In order to exercise this option, you must sign and return the attached exemption form to _____ (teacher's name) by _____ (include date). If this form is not returned before this date, your child will be included in the instruction. If you have any questions or concerns regarding this instruction, feel free to contact me. Thank you for your continued support.

Sincerely,
(Teacher signature)

Date

Dear Parents,

Your son/daughter is enrolled in Religious Studies 25. Alberta Education and the Calgary Catholic School District requires that parents be informed that human sexuality instruction will occur as a unit of study in this course. In particular, we will be looking at the following topics:

- The difference between lust and love
- The gift of sexuality
- The nuptial meaning of the body
- Honoring the dignity of the body
- Issues of gender in today's society
- Destructive consequences of sexism
- A healthy understanding of gender
- The purpose of dating
- Levels of relationship
- Establishing standards and boundaries
- Respecting the opposite sex
- When to end a relationship

This instruction will occur _____ (dates of instruction).

Pursuant to section 50.1(2) of the *School Act*, you as a parent/guardian may request that your child be excluded from the above-identified instruction, without academic penalty, by having your child either:

(a) to leave the classroom or place where the instruction, course of study or educational program is taking place or the instructional materials are being used for the duration of the part of the instruction, course of study or educational program, or the use of the instructional materials, that includes the subject-matter referred to in subsection (1) (human sexuality)

(b) to remain in the classroom or place without taking part in the instruction, course of study or educational program or using the instructional materials.

In order to exercise this option, you must sign and return the attached exemption form to _____ (teacher's name) on or before the date of the instruction indicated above. If this form is not returned before that date, your child will be included in the instruction.

If you have any questions or concerns regarding this instruction, feel free to contact me. Thank you for your continued support.

Sincerely,

(Teacher signature)

Date

Dear Parents,

Your son/daughter is enrolled in Religious Studies 35. Alberta Education and the Calgary Catholic School District requires that parents be informed that human sexuality instruction will occur as a unit of study in this course. In particular, we will be looking at the following topics:

- The body speaks a language
- The meaning of sexual intimacy
- Commitment and authenticity
- Sex that is self-seeking versus love that is self-giving
- The four parts of self-donating love
- The marriage commitment as free, total, faithful, and fruitful
- Church teaching regarding persons with same-sex attraction
- Integrating the TOB into life
- The body and sexuality as gift
- The TOB, service and evangelization

This instruction will occur _____ (dates of instruction).

Pursuant to section 50.1(2) of the *School Act*, you as a parent/guardian may request that your child be excluded from the above-identified instruction, without academic penalty, by having your child either:

(a) to leave the classroom or place where the instruction, course of study or educational program is taking place or the instructional materials are being used for the duration of the part of the instruction, course of study or educational program, or the use of the instructional materials, that includes the subject-matter referred to in subsection (1) (human sexuality)

(b) to remain in the classroom or place without taking part in the instruction, course of study or educational program or using the instructional materials.

In order to exercise this option, you must sign and return the attached exemption form to _____ (teacher's name) on or before the date of the instruction indicated above. If this form is not returned before that date, your child will be included in the instruction.

If you have any questions or concerns regarding this instruction, feel free to contact me. Thank you for your continued support.

Sincerely,

(Teacher signature)

STUDENT EXEMPTION UNDER SECTION 50.1 OF THE ALBERTA SCHOOL ACT

TO: Principal/Teacher of _____ [identify school], of
_____ [identify school board].

In response to the notice provided to me by my child's school _____ [name of School] of the _____ [name of school board] dated _____ [date of notice] indicating that instruction, course of study, or educational program in which my child is enrolled, or use of instructional materials in a course of study or educational program in which my child is enrolled, includes subject matter that deals primarily and explicitly with _____ [specify human sexuality], I, _____ [name of parent/legal guardian], in accordance with section 50.1(2) of the *School Act*, hereby request that my child, _____ [name of child] be excluded from the instruction, course of study, educational program or use of instructional materials identified in the notice.

I request that my child: (*check relevant box*)

- Leave the classroom or place where the instruction is taking place or where the instructional material is being used for the duration of that part of the instruction.

OR

- B) Remain in the classroom or place where the instruction is taking place without taking part in the instruction or use of instructional material.

I confirm that I am the legal guardian of _____ [name of child] and have chosen to exercise my option to have my child excluded from the instruction described in the notice from _____ School [name of school] on the dates indicated in the notice. I also confirm that it is my obligation to ensure that this form is returned to the school principal/teacher on or before the date of the instruction indicated in the notice. The child to whom this exemption notice applies is: _____ [name of child] Grade: _____

Parent/Legal Guardian Date

Independent Student Date